

DATE: 20/02/2008

Rodwell Farm Nursing Home

Confidential

Care Plan

Jane Smith (name changed for confidentiality)

Communication

Modified 21/01/2008

Edited: Karen Raggett

NOW

Jane answers questions verbally and with gestures

She initiates some conversation

Be aware that she whispers

Be aware that she has a history of becoming withdrawn and uncommunicative or the other extreme and can become annoyed and angry

OBJECTIVE

To maintain and improve on current level of communication

PRESCRIPTION

To spend time speaking to Jane and allow her time to reply

If Jane does not reply verbally encourage her to do so by saying you do not understand

Ask Jane closed questions to ensure answering is easy for her

Encourage Jane to join with all group activities and social interaction to encourage her communication. However be aware that she does like her own space

Be aware that she can have sudden mood changes

EVALUATION

Reviewed 21/01/2008

Medication

Modified 21/01/2008

Edited: Karen Raggett

NOW

Jane is fully compliant with add medication

She takes regular analgesia for generalized pain

IDENTIFIED RISK: Medication

LOW RISK: Could cause some injury, not serious

HISTORY/TRIGGER FACTOR: No history of non compliance

No history of allergies

PERSON RESPONSIBLE TO CONTROL RISK: Nurse on duty

AGREED CORRECTIVE ACTION: Monitor any changes

OBJECTIVE

To maintain health

PRESCRIPTION

Give medication as prescribed

Ensure Jane takes her medication

Encourage Jane to drink suitable amounts of water with medications

EVALUATION

Reviewed 21/01/08

NOW

Jane has a history of being withdrawn and non communicative
She seldom initiates or joins in with conversation or any activities
Jane loves watching television and appears to enjoy music
She has a few visitors who visit occasionally

OBJECTIVE

To maintain or improve level of interaction

PRESCRIPTION

Spend time encouraging Jane to converse
Ask questions that will encourage her to communicate
Encourage her to join activities involving interaction with others

MORNINGS

Allow Jane time to put on her makeup which she enjoys
Allow her to sit in her favourite chair in the lounge and read the newspaper
Encourage her to listen to Glenys when she announces the day's menu and discusses current affairs

AFTERNOONS

Mondays: encourage to join the quiz with Shirley
Tuesdays: encourage her to join the games session with Glenys
Offer her a massage with Janet
Wednesdays: invite her to join the musical entertainment
Encourage her to play Bingo with Shirley and to join the quiz
Fridays: encourage her to join the music and movement group

EVENINGS:

Allow Jane to sit in her chair in her room and watch television

WEEKENDS

Allow Jane to relax and enjoy music or watch television as she wishes

EVALUATION

Reviewed 21/01/2008