

RODWELL FARM NURSING HOME

ACTIVITIES PROGRAMME

MONDAY	AM	Group crossword and quiz
	PM	Card group with Shirley Individual activities or outings with Glenys
TUESDAY	AM	Group crossword and quiz
	PM	Exercise group with Amanda Kirby Physio
WEDNESDAY	AM	Massage therapy with Janet Rickard Reflexology for MS sufferers Hairdressing with Elaine
	PM	Live entertainment
THURSDAY	AM	Group crossword and quiz
	PM	Bingo Occasional pub lunch trips Three monthly residents' meetings with Manager
FRIDAY	AM	Group crossword and quiz
	PM	Water colour art lessons with Daphne Miller PAT Dog visits Individual consultations with Pastor John Papworth Holy Communion Service
SATURDAY SUNDAY	Informal activities programme to allow quality time for families and friends to visit and take relatives out	
Plus occasional evening events such as fish and chip supper nights with entertainment, BBQs and themed evenings – ie Bistro night		